



Arizona Suzuki Association

Fall 2014

Newsletter

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The Benefits of Playing in a Group

By Laura Tagawa, ASA President and Violin Teacher

Students who are part of a musical community may come together because of location (example: school orchestra), or by instrument or teacher. Suzuki students are unified by additional aspects including: a shared repertoire and the ability to play music by ear. In his book *Nurtured by Love*, Dr. Suzuki wrote,

“The fact is that what the children enjoy most is the group playing. They play with children who are more advanced than they are; the influence is enormous and is marvelous for their training. This is the real talent education.”

Students who play and learn together are motivated by each other. The benefits of attending Suzuki group class include:

- Developing ensemble skills
- Developing musicianship
- Reviewing Suzuki repertoire
- Motivation
- Being a part of a musical community

Ensemble skills sharpen a student's listening skills. When playing in a group, students must learn how to listen to their own sound at the same time as listening to the group sound. Skills such as matching dynamics, articulations, and developing a musical style are all important ensemble skills. Many parents observing group classes may notice the teacher playing games. These music “games” are actually fun ways of practicing these important ensemble skills. This style of learning is fun for the students, while learning is taking place! Group class also offers a great opportunity to explore areas of music history and theory. An example is playing all the pieces by a certain composer, composers from the same country, or music from the same musical period (also a great way to keep review fresh!).

Author's note: ASA is looking forward to offering a special session on group classes presented by guest violin teacher, Mark Mutter from Royal Oak, Michigan. Mark will teach a one hour violin group class for students on Fri-



Advertising Rates

Three Issues

Size

Full Page\$99
Half Page\$75
Quarter Page\$50
Business Card \$30

Two Issues

Size

Full Page\$66
Half Page\$50
Quarter Page\$34
Business Card \$20

One Issue

Size

Full Page\$33
Half Page\$25
Quarter Page \$17
Business Card\$10

The Benefits of Playing in a Group (continued from Page 1)



day evening from 5:00-6:00pm followed by a two hour session on group classes for teachers from 6:00-8:00pm. Mark brings years of group class teaching experience to Arizona

students and teachers. This session will be packed full of motivational and fun group class ideas. Although the student group class is for violinists, teachers of all instru-

ments will find ideas useful in their own teaching. Please visit the ASA website for more info and registration forms, <http://azsuzuki.org/>

The Positive Effects of Suzuki Music Instruction by Karin Hallberg, Ph.D.

Instrumental music instruction has historically had the challenges of maintaining a place in the American educational system. Typically, music instruction has been defined as an enrichment course, easily discarded for mainstream academics. In an effort to keep music in the school curriculum, musical educators define many benefits from musical instruction such as: collaborative skills, learning abstract concepts, and developing skills in self-regulation. However, much of the research on the effects of music instruction has been directed on adults and professional musicians, whereas research with children is limited. Because of this void, I was compelled to do research on the effects of music instruction, using the Suzuki method, on cognitive processes in kindergarten children.

The following study focused on the effects of musical instruction using the Suzuki Method on working memory, visual-spatial processing, and attentional control in kindergarten children. The study had two groups of kindergarten children. One group had five weeks of Suzuki violin classes and another group had no music classes. Both groups were administered the Stanford-Binet 5 (SB-5), which measured working memory and visual spatial processing, and the Kiddie Connors' Continuous Performance Test Version 5 (K-CPT), which measured controlled attention. The students in the Su-

zuki group received 15 total hours of instruction while the students in the control group did not receive any instruction. At the end of week five, the groups were administered a post assessment.

The analyses indicated there were no significant differences between the instrumental instruction using the Suzuki Method participants and the control participants on SB-5 Working Memory total score and SB-5 Visual Spatial Processing total score, but as one can see on the table provided, the scores did rise in the 5 week period. However, there was a significant difference in the K-CPT composite variable of attention measures between the Suzuki group and the control groups. Music instruction using the Suzuki Method did produce a significant increase in the combined attention measures when compared to the control group participants.

What does this mean?

1. Instrumental music instruction as a format for teaching controlled attention.
2. Controlled attention is associated with academic achievement: therefore, attention training through music instruction may influence academic achievement.

Continued on Page 6

Drawing for music gifts at the ASA Fall workshop!

**October 17th & 18th, 2014, ASA Fall Workshop
at Orangewood Church,
7321 N. 10th St, Phoenix, AZ 85020 MAP p. 8**

Student Registration by Oct. 1 is \$55 per child, after that date, \$65.

Teacher Registration is \$20.

Student and Teacher Registration*

(Must be a member of ASA to participate)

Participant's Name _____

Age _____ Instrument _____

Polished Piece _____ Suzuki Book # _____

Second Child's Name _____

Age _____ Instrument _____

Polished Piece _____ Suzuki Book # _____

Parent's Name _____

Address _____

City _____ Zip _____

Preferred Phone # _____

Email _____

Teacher _____

Teacher's email _____

Before October 1, 2014, per student \$55 _____

After October 1, 2014, per student \$65 _____

Friday evening Master Class (cellos) \$15 _____

Friday evening Group Violin Class only \$10 _____

Teacher Workshop (\$20) \$20 _____

ASA Membership fee** \$10 _____

Lunch per person/ vegetarian: Yes ___ No ___ included

Total payable to ASA \$ _____

No Refunds

Please keep the Repertoire list. Cut this column and mail it, with the check made out to ASA to:

Mary Wilkening/ 1157 E Acacia Circle, Litchfield Park AZ 85340/ Email: marywilkening@cox.net

ASA Membership information will be published in a directory in January for ASA Members only. If you do not want your information published, please check here _____.

Photo Release: My child's photo can be used on the ASA website and Facebook pages Yes ___ No ___

****Notice the Studio/Group Policy of ASA : 10 or more members of a studio/group such as VSSA, NAU etc. registering together pay \$5 each for ASA membership. Teachers, please find the group registration form on our website www.azsuzuki.org/Forms**



VOLUME 19, ISSUE 1

Arizona Suzuki Association Fall Workshop

Friday, October 17, 2014

5—6 pm: Group Violin Class (Books 1-4) given by Mark Mutter. Registered teachers are invited to attend.

6-8 pm: Teacher Workshop on teaching Group Classes.

4-7 pm: Cello Master Class with Nancy Yamagata— Nine advanced Suzuki cello students. Book 4 and up students will be registered in order of postmark on registration, **Registered teachers are invited.**

(Master Class students must attend Saturday as well)

Saturday, October 18:

8:30 Check In

9-2 pm: Violin, Viola and Cello students in Books 4 and up:

Performance classes with Mark Mutter/Nancy Yamagata; Suzuki Repertoire Class; Violin Master Classes or Cello Choir.

9-2 pm: Violin, Viola and Cello students in Books 1-3:

Suzuki repertoire Class with Mark Mutter or Nancy Yamagata; Master Class with Arizona teachers; Fiddling; Sing and Dance Class .

2 pm: Group Performances

3 pm: Dismissal

Repertoire List for Violin (V)

Book 1—All

Book 2 - Chorus from Judas Maccabaeus, Hunter's Chorus, Witches' Dance, Minuet in G

Book 3 - Martini Gavotte, Humoresque, Bach Bourree

Book 4 - Seitz Concerto #5, 1st mvt., Bach Concerto for 2 Violins (2nd violin)

Book 5 - Bach Concerto for 2 Violins (1st violin)

Book 6 - Rameau Gavotte

Repertoire List for Viola and Cello

Bk1: All

Bk2: Minuet 3, Musette, Gossec Gavotte

Bk3: Lully Gavotte, Minuet 3, Allegro Moderato

Bk4: Minuets, Chanson Triste

Bk 5: Bach Arioso

**Repertoire list is also available at our website
azsuzuki.org/Events**

Suzuki Repertoire is to be Memorized

Advanced Group students: Non-Suzuki pieces for performance class will be emailed to you. Please learn before the workshop. They do not need to be memorized.

Teachers: Don't miss Mark Mutter's Friday evening Group Class and Teacher Workshop on "Presenting Group Classes". More information on p. 9 and on the ASA website, www.azsuzuki.org.

Would you like to be listed on the Arizona Suzuki Association Website as a registered Suzuki Teacher for 2014-2015?

Register on line at www.azsuzuki.org/ Forms or mail in your \$10 dues and the form below

Name _____

Instrument _____

Address _____

City _____

Preferred Phone # _____

Email or Website (choose one to be published on www.azsuzuki.org) _____

We will not publish your address on line, only your preferred telephone number, zip code, and email or website.

Register on line or send this Form and \$10 to Mary Wilkening, 1157 E. Acacia Circle, Litchfield Park, AZ 85340.

Every Child Can!

The Music and Dance Academy of Tucson will host the Suzuki Association of the Americas class Every Child Can! This class will be taught by Teacher Trainer, Dr. Louise Scott. Every Child Can! is a one day introductory course on the Suzuki philosophy and its application to education. For parents, teachers, prospective teachers and others, this course provides an inspiring, in-depth look at the Suzuki approach to teaching and learning.

Dates: January 30 and 31, 2015

Please see the website www.musicdancetucson.com registration details.

ASA—PPG Piano Group

September 20—Sign up for 100-Day Practice-a-thon Fundraiser

November 1—Celebration Concert at ASU

January 31, 2015—New Year Kickoff Concert and Pizza Party at My First Piano and Organ Stop Pizza

Date and Place TBD—Spring Master Class

May 9 –Graduation Recital / 11:30 am/ My First Piano



***Teachers, Please go to our website at www.azsuzuki.org to download a group application form for your studio. Group rates are only \$5/family for 10 applications and fees sent in at the same time.**

NAU News from Dr. Louise Scott, ASA Board Member and Violin Teacher

The Northern Arizona University violin and string teachers have had a busy and productive summer.

Karin Hallberg earned a Ph.D. in Educational Psychology with an emphasis in learning and instruction through the College of Education at Northern Arizona University.

Dr. Hallberg, Dr. Scott and Kari Barton presented a session at the Suzuki Association of the Americas Convention in Minneapolis entitled, "Community, Collaboration and Communication." Dr. Scott presented the structure of the Suzuki Violin Teacher Training Program at NAU, Dr. Hallberg presented the elements of integration between NAU, the NAU Community Music and Dance Academy, and Marshall School, Flagstaff Unified School District's art magnet elementary school, as well the results of her PhD research, accomplished through her teaching at Marshall School. Kari Barton presented how Music Mind Games (by Michiko Yurko) is integrated into the NAU Suzuki Violin Teacher Training program, the NAU Academy and the Marshall School Suzuki program.

Karin also presented her research at the ASTA convention in March in Louisville, Kentucky and received the prestigious *Viola Award* for Arts Educator of the Year from the Flagstaff Cultural Partners. This award is named in honor of Viola Babbitt who was a prominent art supporter and educator in Flagstaff.

Kari Barton travelled to Aalborg, Denmark to become a Certified Music Mind Games Teacher Trainer for MMG. As a result, NAU will begin to offer training for Music Mind Games in the near future.

Louise Scott taught at the Chaparral MusicFest Suzuki Academy in Prescott in June with Laura Tagawa.

Karin Hallberg, Shelley Rich, Jacquelyn Schwandt, Louise Scott and Kim Sullivan, taught in the Curry Summer Music Camp at NAU.

Jackie Schwandt performed and coached groups at the Chamber Music Network workshop offered for adult players in Phoenix.

Karin and Shelley completed the SAA Practicum course, offered at Beaver Creek Suzuki School in Colorado with Liz Arbus, registered teacher trainer with the SAA.

Karin, Jackie and Louise performed and taught at the Black Hills String Retreat in Rapid City in South Dakota in August.

Shelley taught at the Northwest Suzuki Institute as well as performed in the orchestra at the Oregon Coast Music Festival.

Accompanist

Phone: 480-860-2076
E-mail: barbara.burley48@gmail.com

BARB BURLEY

BS. MS. MUSIC EDUCATION





VSSA Workshop Schedule for 2014-15

August 23

September 6, 13, 27

October 25

Oct. 18 - ASA Workshop at Orangewood Presbyterian Church

November 1, *15 *Winter Concert/Book Promotion

January 10, 24

February 7, 21

February *28, *VSSA workshop - full day schedule, *March 28 *Final Concert

Classes will be held at the **Center for Educational Excellence**

on the NW corner of McClintock and Elliot. The school is located on the west end of the strip mall. **1700 E. Elliot Rd. Suite 9** / * Note that Group will be held in different places.

Positive Effects, Continued from Page 2

3. Since there is an association between low working memory scores and inattentiveness, it may be possible to improve working memory efficiency through attention training.
4. Early attention training through music instruction may impact ways of addressing attention deficit disorders in young elementary children.

The tables of scores are provided below. Note: an **increase** in **working memory** measures indicates improvement. A **decrease** in **attention** measures indicates improvement.

SB-5

Pre and Post Means and Standard Deviations of the Treatment and Control Groups on SB-5 Scales



Variable	Group	Mean	
		Before <i>M (SD)</i>	After <i>M (SD)</i>
NVS	Treat	10.64 (2.28)	12.41 (1.79)
(nonverbal visual-spatial)	Control	10.27 (2.83)	10.95 (2.80)
VS	Treat	9.45 (2.51)	10.05 (2.87)
(verbal visual-spatial)	Control	8.91 (2.74)	10.27 (2.59)
WM	Treat	8.45 (2.67)	8.68 (2.28)
(verbal working memory)	Control	8.45 (1.99)	9.00 (2.94)
NWM	Treat	11.05 (2.40)	12.45 (2.50)
(nonverbal working memory)	Control	10.14 (2.61)	10.95 (2.90)

Positive Effects, Continued from Page 6

K-CPT

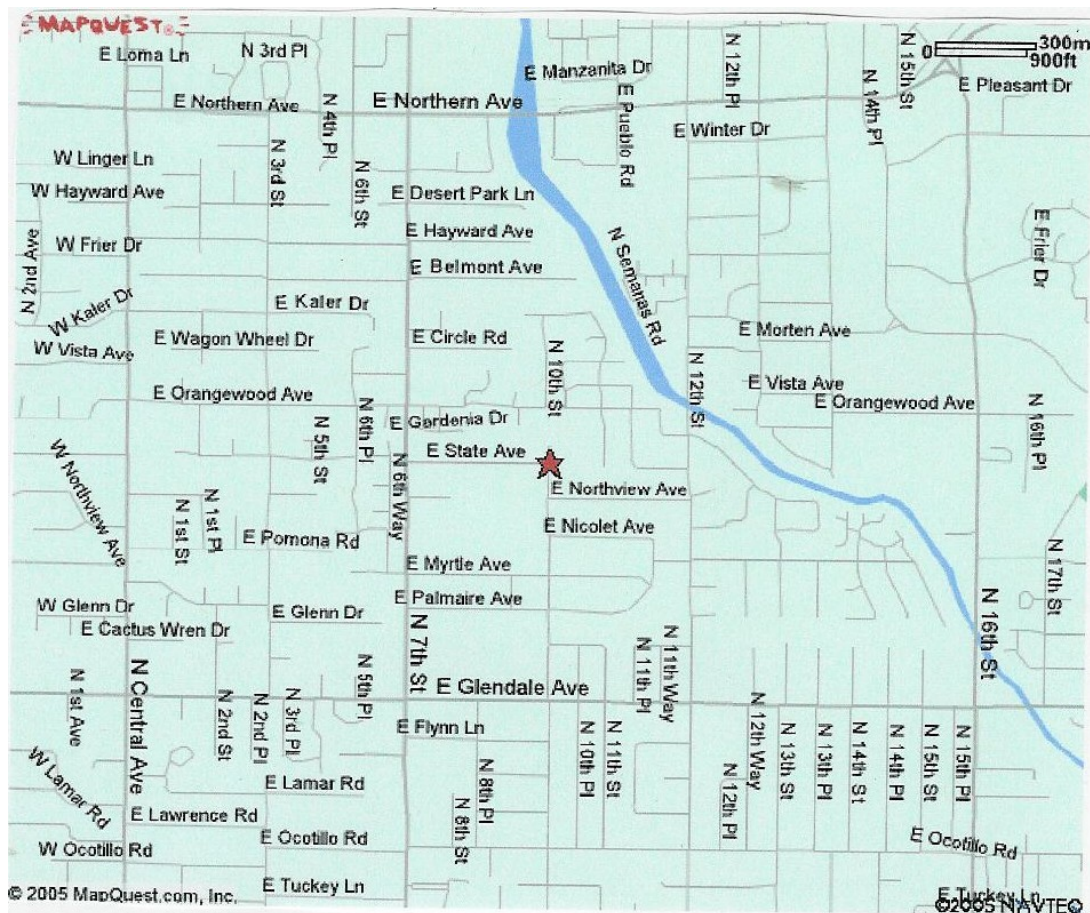
Pre and Post Means and Standard Deviations of the Treatment and Control Groups on K-CPT Scales

Variable	Group	Mean	
		Before <i>M</i> (<i>SD</i>)	After <i>M</i> (<i>SD</i>)
Omissions	Treat	52.66 (8.13)	52.98 (11.59)
	Control	60.72 (13.19)	66.41 (14.96)
Commissions	Treat	51.66 (7.95)	50.72 (8.73)
	Control	54.75 (5.10)	52.50 (6.82)
Hit Reaction Time	Treat	48.90 (6.75)	44.11 (8.83)
	Control	48.03 (2.74)	50.34 (9.74)
Hit Reaction Time Standard Error	Treat	52.05 (7.64)	49.60 (9.63)
	Control	56.49 (9.54)	59.19 (7.92)
Variability	Treat	53.44 (9.13)	50.87 (10.33)
	Control	55.21 (9.81)	60.54 (7.43)



The Board of Directors for AZ Suzuki Association: Seated from left to right— Louise Scott, Bonnie Roesch, Secretary, Megyn Neff, Standing—Eunice Elie, Christi Elie, Mary Wilkening, Karen Nalder-Kazarick, Hisami Iijima, Laura Tagawa, President. Absent: Chris Mahar, Treasurer.

Map to Orangewood Church, Site of ASA Workshop



7321 N. 10th St, Phoenix, AZ 85020

From 51, the Piestewa Parkway, heading north, take the Glendale/Lincoln exit left (west). Then take a right (north) on 12th St. and go about 1/2 mile to Northview. Go left (west) until the street T-stops at 10th. Take a right (north) and it is right there.

Going south on 51, take the Northern exit going west (right). Go to 12th St. Take a left (south) to Northview, then a right (west) and follow the instructions above.

From I-17, take Glendale exit east (right). Go to 7th St. Take a left (north) to State, take a right (east) and the street stops at the church.



Arizona Suzuki Association
Fall Workshop 2014: Mark Mutter, Violin
Nancy Yamagata, Cello



Mark Mutter, Violin



Nancy Yamagata, Cello

To Register: Fill out the registration form in the [ASA Newsletter](#), or go on line at www.azsuzuki.org/Forms. Mail paper registration to Mary Wilkening, 1157 E Acacia Circle, Litchfield Park AZ 85340.

Cost: Students before October 1 - \$55 each including lunch. Add \$10 for late registration after October 1. Teacher Registration is \$20. Participation in Friday evening's Group class is included. Add \$15 for participation in Friday's Master Classes for advanced cello students (see below). No registration the day of the Workshop.*

Teacher Workshop from 5—8 pm Friday. Fee—\$20

*(Remember, families must be a member of ASA to participate. Send in your \$10 membership fee by mail or on line at www.azsuzuki.org/Forms, or join through your teacher's group membership for \$5.)

Orangewood Presbyterian Church, 7321 N 10th St, Phoenix 85020

Schedule:

Friday, October 17, 5—6 pm: Group Class for violin students in books 1—4. Mark Mutter will conduct this class.

Teacher Class, 6—8 pm: Mark Mutter will discuss the art of teaching group classes.

Friday, October 17, 4—7 pm: Master Classes with **Nancy Yamagata, cello**, for 9 advanced Suzuki cello students, Book 4 and up. Students will be registered in order of postmark on **Master Class students will be assigned an hour long session so they will have the opportunity to hear other student's lessons. Registered Teachers are invited to listen to Master Classes.**

Saturday, October 18: 8:30 am Check-In

9:00-2:00 pm: **Violin, Viola and Cello students in Books 4 and up:** Performance Group; Suzuki Repertoire Class; Violin Master Classes or Cello Choir.

9:00-2:00 pm: **Violin, Viola and Cello students in Books 1 – 3:** Repertoire Class with Mark Mutter or Nancy Yamagata, Master Class with Arizona Teacher, Fiddling, "Sing and Dance" class.

2:00-3:00 pm: Group Performances

3:00 pm: Dismissal



ASA

1157 E. Acacia Circle

Litchfield Park 85340



**ASA Fall Workshop, Mark Mutter, Violin, and Nancy Yamagata,
Cello at Orangewood Church on
October 17 & 18. See details inside!**